

The Recruitment Coach

Ask Five People Exercise

Ask five people whose opinions you respect and trust from different areas of your life the following questions:

0	What one word or phrase describes me best?
0	What do you think is my greatest achievement?
0	What do you value most about me?
0	What one thing could I change for my own benefit?
0	What do you believe to be my greatest strength?
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Credit: Barefoot Coaching