

My strengths I'm proud of and energised by



My values/guiding principles 

The parts of my work I enjoy/have enjoyed most

I want to be known for

I'd love to do more

New opportunities I'd say YES to, or seek out

In the next year I'm going to

My non-negotiables in life and work

@ellierichpoolecoaching

My L-O-N-G term, big goals

